

R 3160 PHYSICAL EXAMINATION

A. Definitions

- ~~1. “Employee assurance statement” means a statement signed by the employee certifying that information supplied by the employee is true to the best of the employee’s knowledge.~~
12. “Employee” or “staff member” means the holder of any full-time or part-time position of employment.
23. “Health history” means the record of a person’s past health events obtained in writing, completed by the individual or their physician.
34. “Health screening” means the **use of testing of people**, using one or more diagnostic tools; to **test a person for** ~~determine~~ the presence or precursors of a particular disease.
- ~~5. “Medical evaluation” means the examination of the body by the school medical inspector or by any physician licensed to practice medicine.~~
46. “Physical examination” means the assessment of an individual’s health **by a professional licensed to practice medicine or osteopathy, or by an advanced practice nurse or physician assistant.**
5. “Physician assistant” means a health care professional licensed to **practice medicine with physician supervision.**
- ~~7. “Psychiatric examination” means an examination for the purpose of diagnosis and treatment of mental disorders.~~

B. ~~Employees’ Initial~~ Physical Examinations – **Candidates for Employment Who Have Received a Conditional Offer of Employment**

1. ~~Each~~ **Candidates for employment who have received a conditional offer of employment** ~~newly employed teaching staff member~~ shall be required to undergo a physical examination. The physical examination shall include, but is not limited to, a health history; **and** health screenings; ~~and medical evaluation to determine whether the candidate is able to perform with reasonable accommodation job-related functions~~



pursuant to P.L. 101-336, Americans with Disabilities Act of 1990 (ADA). The candidate for employment will be provided the Board's requirements for the physical examination.

a1. A health history ~~shall be completed by the employee or by his/her physician which~~ shall include, **but is not limited to**, the candidate's ~~employee's~~:

- (1) **Past serious illnesses and injuries;**
- (2) **Current health problems;**
- (3) **Allergies; and**
- (4) **A record of immunizations.**

a. ~~Past serious illnesses and injuries;~~

b. ~~Current health problems;~~

c. ~~Allergies; and~~

d. ~~Record of immunizations.~~

b2. The employee ~~shall submit to~~ **A** health screenings ~~which~~ shall include, **but is not limited to** ~~his/her~~:

- (1) **Height;**
- (2) **Weight;**
- (3) **Pulse and respiratory rate;**
- (4) **Hearing screening;**
- (5) **Blood pressure;**
- (6) **Vision screening;**

a. ~~Height and weight;~~

b. ~~Blood pressure;~~

c. ~~Pulse and respiration rate;~~

d. ~~Vision screening;~~



e. ~~Hearing screening.~~

C. Medical Requirements Upon Employment

31. ~~Health screening~~ **A Mantoux tuberculosis test shall be given upon employment of all newly hired staff members (full-time and part-time), and to all student teachers, school bus drivers on contract with the district, and to contractors or volunteers who have contact with students also include a Mantoux test for the presence of tuberculosis. Tuberculosis testing is not required for volunteers working with students less than twenty hours per month.**

a. ~~A newly employed member will be exempt from the Mantoux test if he/she presents satisfactory documentation of a test~~

(1) ~~Administered in a New Jersey school district from which the member has transferred, or~~

(2) ~~Administered in any place within the six months previous to the member's initial employment in this district.~~

a. **Tuberculosis testing is not required:**

(1) **For new staff members, student teachers, and contractors of the school district with a documented negative tuberculosis test result in the last six months or a documented positive tuberculosis test, regardless of when this test was done; or**

(2) **For a school district staff member transferring between school districts or from a non-public school within New Jersey with a documented tuberculosis test result upon his/her initial employment by a New Jersey school.**

b. **Staff members, student teachers, contractors or volunteers who have contact with students and claim a religious exemption cannot be compelled to submit to tuberculosis testing. In these instances, a symptom assessment must be done (TB-8 Form). If TB-like symptoms are reported, a physician must document that the staff member, student**



teacher, contractor, or volunteer does not have an active disease.

(1) The school district shall determine the criteria essential to document a valid religious exemption.

cb. Procedures for the administration of the Mantoux **tuberculosis** test, interpretation of reactions, follow-up procedures, and reporting shall be conducted in accordance with the guidelines **and requirements** issued by of the New Jersey State Department of Health and titled School Tuberculin Testing in New Jersey.

~~c. — If the results of the Mantoux test so indicate, the employee shall be referred for a chest X ray and medical evaluation to determine the presence of tuberculosis at the employee's expense. The employee shall submit the report of the X ray and evaluation to the school medical inspector. If the school medical inspector does not receive the report within four weeks of the referral or is unwilling to accept the findings of the report, he/she may direct the employee to submit to a chest X ray examination at Board expense, the results of which will be reported directly to the school medical inspector.~~

~~d. — An employee who presents a physician's or nurse practitioner's documentation, acceptable to the school medical inspector, showing significant tuberculin reaction and a subsequent negative chest X ray will be exempt from the Mantoux test.~~

~~4. — A medical evaluation that shall be limited to those assessments or information necessary to determine the employee's physical and mental fitness to perform with reasonable accommodation in the position which the employee seeks or currently holds and to detect any health risks to students and other employees. The employee's medical evaluation shall include, but not be limited to, a record of immunizations. Guidance regarding immunizations for adults may be found in "Adult Immunization: Recommendations of the Immunization Practices Advisory Committee (ACIP)", available from the Immunization Program, Centers for Disease Control, Public Health, U.S. Department of Health and Human Services, Atlanta, GA 30333.~~



25. An **individual** teaching staff member may provide health-status information, including medications, ~~that~~ ~~which~~ may be of value to medical personnel in the event of an emergency requiring treatment. **In such instances,** ~~t~~The **teaching** staff member may also choose to share with the Principal and, if desired, with the certified school nurse, information regarding current health status to assure ready access in a medical emergency.

DC. Health Records

1. All **health records of candidates for employment who have received a conditional offer of employment and of current employees** ~~medical records,~~ including computerized records, shall be secured, ~~and shall be~~ stored, and maintained separately from other personnel files.
2. **Health records may be shared only with authorized individuals in accordance with N.J.S.A. 18A:16-5** ~~Only the employee, the Superintendent, and the school medical inspector shall have access to the medical information in that individual's file.~~
3. ~~The portion of the employee's medical record containing a health history may be shared with the Principal and the school nurse with the consent of the employee, as provided in B.5.above.~~

ED. Employees' Physical Examination and Medical Updates

1. School employee physicals, examinations, and/or annual medical updates shall not require disclosure of HIV status.

F. Examination of Candidates for Employment Who Have Received a Conditional Offer of Employment

1. **Candidates for employment who have received a conditional offer of employment will also be required to undergo a physical examination by a school district approved physician or institution designated by the candidate. Pursuant to N.J.S.A. 18A:16-3, the Board shall may bear the cost of physical examinations required by this Regulation performed by a physician or institution designated by the Board. However, the candidate shall bear the cost if the examination is**



performed by a physician or institution designated by the candidate with approval of the Board. In the event the Board approves the physician or institution designated by the candidate to complete an examination required by this Regulation, the candidate will be provided with the detailed requirements of the examination.

- a. This pre-employment physical examination shall not be used to determine a candidate's disabilities; and
- b. This examination shall be used only to determine whether the applicant is able to perform with reasonable accommodation job-related functions pursuant to **ADA**.

G. Rescinding a Conditional Offer of Employment – Notice to Candidates for Employment Who Receive a Conditional Offer of Employment

1. All candidates for employment who receive a conditional offer of employment shall be informed by the district that:
 - a. An offer of employment by the Superintendent of Schools or designee is conditional upon completion of the Board's required physical examinations and assessments;
 - b. The required examinations and assessments will be used to determine the candidate's ability to perform with reasonable accommodations job-related functions pursuant to **ADA**; and
 - c. If it is determined upon completing the examination(s) or assessment(s) the candidate is unable to perform with reasonable accommodations job-related functions pursuant to the provisions of the **ADA**, the conditional offer of employment will be rescinded either by the Superintendent if the Board has not yet approved the appointment or by the Board, if the Board had approved the appointment at a Board meeting.



REGULATION

RANDOLPH
BOARD OF EDUCATION

TEACHING STAFF MEMBERS
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Adopted: 15 January 2013

Revised: _____

